

## **“My Grief is in Bursts!”**

### *Understanding and Supporting Grieving Children & Teens*

#### 2019 Professional Education Workshops

*“This workshop was the best I have attended on grief~ practical tools & materials provided, inspiring, thought provoking, knowledgeable and passionate presenter, comfortable atmosphere to participate, smooth flow and very organized. I left wanting more.”*



children, teens, young adults and their families feel supported and understood

### **Who should attend?**

mental health professionals (social workers, LMHC, LMFT), teachers, school counselors & administrators, clergy, funeral directors and personnel, nurses, and hospice personnel who want to learn more to understand and help support our children & teens to *transform their own grief to hope*.

### **5.5 CEs & 5.5 PGPs** approved through the NBCC and NASW-IN.

social workers, LMHC, LMFT, NCC, school counselors, teachers, funeral directors and personnel

### **All Day Workshop: 8:30am—3:30pm**

Registration begins at 8:00am.

Light breakfast foods provided.

Lunch will be on your own.

### **Presenter:**

Carol Braden, LMHC

Clinical Director of Programs & Services at Brooke's Place

### **Topics:**

Grief Principles, The Grieving Child & Teen, Common Myths of childhood grief, Neurochemical response to trauma, Grief Tasks, Understanding childhood & teen grief developmentally, Natural Grief Reactions, Grief Support Tools, Activities & Resources

### **Learning Objectives:**

- Professionals will learn unique ways children and adolescents internalize and express grief (grief tasks), which is different from adults.
- Professionals will gain knowledge in recognizing normal grief responses (reactions) in children and adolescents.
- Professionals will gain knowledge and understanding of how our brain development is impacted in bereaved children and adolescents.
- Professionals will gain knowledge of practical supportive tools and techniques, grief activities and grief resources to use when supporting a grieving child or adolescent.

### **REGISTRATION FORM:**

Visit [www.brookesplace.org](http://www.brookesplace.org) or complete the following registration form.

**Mark the Continuing Education Workshop you would like to attend:**

- Friday, May 10th, 2019**    **Friday, September 27th, 2019**

**Cost:** \$109 per registration

\$ 99 per registration (if 3 people register together)

\$ 89 per registration (students)

**Time:** 8:30am—3:30pm

**\*\*\*Registration will close 1 week prior to each workshop. Contact Brooke's Place after that point to see if there are any openings.\*\*\***

Name \_\_\_\_\_

Place of employment \_\_\_\_\_

Position \_\_\_\_\_

Address \_\_\_\_\_

Best Phone # \_\_\_\_\_

Email address \_\_\_\_\_

How did you hear about this workshop?  
\_\_\_\_\_

Credit Card information (circle type)

Visa

MasterCard

Amount \$ \_\_\_\_\_

Credit Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_

V-Code \_\_\_\_\_

\*Purchase Orders are accepted.

FAX: 317-705-9654

**Brooke's Place Mailing Address:**

8935 N. Meridian St. Ste. 200

Reservation confirmation will be sent via email.

Indianapolis, IN 46260

### **Workshop Location:**

**LUNA Language Services**

**8935 N. Meridian St. Ste. 250**

**Indianapolis, IN 46260**

**\*We are using LUNA's conference room- Ste. 250, which is down the hallway from the Brooke's Place office- Ste. 200.**