

Brooke's Place

COCO

DISCUSSION GUIDE

GENERAL TIPS

- This guide is designed to encourage conversation and questions about grief.
- Remember that each individual's grief journey is unique. Even within a family unit, every individual will grieve in their own way.
- You know your child/teen best. Follow their lead and answer questions honestly in an age appropriate manner.
- Use concrete words like dead, died and dying to promote a natural understanding of death.
- This guide is meant to be a helpful starting point for conversation.
- Feel free to talk through the questions or simply enjoy the movie!



DISCUSSION QUESTIONS

- What emotions does music bring out for different characters? What emotions does the music bring out in you?
- In what ways is the Land of the Dead different from the Land of the Living?
- Why is memory so important?

CONTINUED ON BACK...

DISCUSSION QUESTIONS CONTINUED...

- How does your family keep the memory of your loved one(s) alive?
- I wonder if you relate to any of the characters in this movie?
- How has your family been strengthened or become closer after the death of your loved one? What are some things that your family does well?
- What are some things you would like to see your family do more of, or start doing, to remember your loved one(s) who died and support one another through grief?
- What are things you can relate to from this movie?
- The movie Coco highlights certain cultural beliefs and celebrations around death, grief, and the after-life. What about you and your family? What cultural, spiritual or personal beliefs do you have about death, grief or an after-life?



YOU ARE LOVED