

Brooke's Place

ONWARD

DISCUSSION GUIDE

GENERAL TIPS

- This discussion guide is designed to share questions and discussion prompts to encourage conversation about grief, our personal grief journeys and to have open conversations.
- You know your child/teen best. Take their lead and answer questions honestly.
- Use concrete words like dead, died, dying when talking about the movie or their story.
- This guide is meant to be helpful and a starting point for conversation. Feel free to talk through the questions or simply enjoy the movie!



DISCUSSION QUESTIONS

- During the movie we hear the characters refer to their "inner warrior." What does that mean to you? When have you had to choose strength, bravery, or your inner warrior throughout your grief journey?
- Ian meets someone who knew his dad and learned something he didn't know before. I wonder if you like hearing stories or your loved one or learning new things about them?

CONTINUED ON BACK...

DISCUSSION QUESTIONS CONTINUED...

- Ian listens to a recording of his dad's voice. What are some things you have that remind you of your loved one?
- Ian asks his mom about his dad, wondering if when his dad was his age if he was confident. Do you have any questions about your loved one?
- During the movie we learn that Ian does not have many memories of his dad. I wonder how you think Ian feels? Is this something you have felt before?
- Throughout the movie, Ian and Barley share memories they had with their dad. What are some memories you have of your loved one who died? Or what are some memories you wish you had with your loved one?
- Ian makes a list of all of the things he wants to do with his dad. If you could have a whole day with your loved one, what would you do? What would you want to tell them? What would you want them to tell you?
- I wonder if you relate to any of the characters in this movie?
- Families sometimes change after a death of a loved one. How has your family changed? What are some good changes or not so good changes that have happened?
- How has your family been strengthened or become closer after the death of your loved one? What are some things that your family does well?
- What are things you can relate to from this movie?

**DON'T FORGET TO BE
KIND TO YOURSELF**



YOU ARE LOVED